

NATHAN'S FAMOUS NUTRITIONAL INFORMATION

															Percent of Daily Values		
		Serving Size	Servings by Gram & oz	Calories	Calories from Fat	Fat (g)	Sat. Fat (g)	Transfat (g)	Cholesterol (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin C	Calcium	Iron
	Nathan's Famous Beef Hot Dog Natural Casing Hot Dog and Roll	1 each	100.0 g 3.53 oz	296.90	163.86	18.21	6.88	0.49	34.40	692.07	23.98	0.75	4.00	10.88	0.00%	8.00%	1.79%
	Nathan's Famous Beef Chili Dog Natural Casing Hot Dog, Roll, and Chili	1 each	157.0 g 5.54 oz	400.00	210.00	23.00	6.00	0.49	50.00	1000.00	33.00	2.00	5.00	16.00	2.00%	10.00%	8.00%
	Nathan's Famous Beef Cheese Dog Natural Casing Hot Dog, Roll, and Cheese Sauce	1 each	128.0 g 4.52 oz	340.00	190.00	21.00	8.00	0.00	35.00	970.00	27.00	1.00	5.00	11.00	0.00%	10.00%	4.00%
	Hot Dog Nuggets 6 Hot Dog Nuggets	6 each	99.05 g 3.49 oz	350.14	252.07	28.01	6.00	0.00	20.01	400.24	20.01	0.00	5.00	5.00	0.00%	0.00%	10.00%
	Corn Dogs on a Stick	1 each	90 g 2.89 oz	380.00	190.00	21.00	5.00	0.00	15.00	730.00	39.00	1.00	13.00	7.00	2.00%	2.00%	10.00%
	Super Cheeseburger 5 oz* patty, American cheese, Lettuce, Tomato, Onion, Pickles, Ketchup, Mayo on Kaiser roll	1 each	386.63 g 13.64 oz	986.64	645.94	71.77	23.01	0.00	148.57	1348.62	46.91	2.79	10.61	35.16	21.00%	23.00%	27.00%
	5 oz Burger with Cheese 5 oz* patty, American cheese, Onion, Pickles, Ketchup on Kaiser Roll	1 each	288.60 g 10.18 oz	704.64	390.81	43.42	16.31	0.00	117.32	1070.54	44.54	2.20	10.28	32.61	2.00%	15.00%	25.00%
	Bacon Cheeseburger 5 oz* patty, Bacon, American cheese, Onion, Pickles, Ketchup on Kaiser roll	1 each	305.59 g 10.78 oz	782.73	451.02	50.11	19.66	0.00	136.27	1364.19	44.77	2.20	10.28	36.40	2.00%	18.00%	25.00%
	Double Burger with Cheese Two 5 oz.* patties, American cheese, Onion, Pickles, Ketchup on Kaiser roll	1 each	442.68 g 15.61 oz	1178.32	754.52	83.84	32.11	0.00	234.64	1298.79	44.98	2.20	10.28	57.08	2.00%	24.00%	41.00%
	Philly Cheese Steak Two 3 oz. Portions of oz. Steak, 2 Slices Swiss American Cheese, Onion, on Hoagie roll	1 each	348.87 g 12.31 oz	849.16	399.12	44.57	20.53	0.00	151.48	1554.15	70.21	2.40	1.21	43.96	3.00%	32.00%	38.00%
	Philly Cheese Steak Supreme Two 3 oz. Portions of oz. Steak, 2 Slices Swiss American Cheese, Onion & Peppers, and mushrooms, on Hoagie roll	1 each	461.81 g 16.29 oz	878.93	395.52	44.52	20.47	0.00	151.07	1625.15	75.52	3.30	2.57	46.39	103.00%	33.00%	39.00%
	Chicken Cheese Steak 3.5 oz. Grilled Chicken Patty, 2 Slices Swiss American Cheese, Onion & Peppers, and mushrooms, on Hoagie roll	1 each	391.39 g 13.81 oz	600.78	168.22	19.16	9.06	0.00	78.51	1719.26	69.54	3.36	2.57	39.50	105.00%	33.00%	20.00%

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French Fries, Medium 6 1/2 oz potatoes	1 each	184.0 g 6.49 oz	440.00	270.00	29.00	4.50	0.00	0.00	55.00	36.00	4.00	4.00	4.00	0.00%	0.00%	4.00%
Cheese French Fries, Medium 6 1/2 oz potatoes, 1 1/2 oz Cheese Sauce	1 each	227.0 g 8.01 oz	490.00	300.00	34.00	7.00	0.00	0.00	460.00	41.00	4.00	5.00	4.00	0.00%	4.00%	4.00%
French Fries, Large 9.0 oz potatoes	1 each	255.0 g 8.99 oz	610.00	370.00	41.00	6.00	0.00	0.00	80.00	50.00	5.00	5.00	5.00	0.00%	0.00%	6.00%
Cheese French Fries, Large 9.0 oz potatoes, 2 oz Cheese Sauce	1 each	312.0 g 11.01 oz	680.00	420.00	46.00	9.00	0.00	0.00	620.00	56.00	5.00	7.00	6.00	0.00%	6.00%	6.00%
French Fries, Super 14 oz potatoes	1 each	397.0 g 14.00 oz	940.00	570.00	63.00	10.00	0.00	0.00	125.00	78.00	8.00	8.00	8.00	0.00%	0.00%	8.00%
Cheese French Fries, Super 14 oz potatoes, 3 1/2 oz Cheese Sauce	1 each	496.0 g 17.05 oz	1070.00	660.00	73.00	14.00	0.00	0.00	1070.00	89.00	8.00	11.00	10.00	0.00%	10.00%	8.00%
Onion Rings, Regular	1 each	159.07 g 5.61 oz	543.76	400.93	44.55	6.25	0.00	0.00	579.89	36.24	1.45	4.35	2.90	6.00%	0.00%	6.00%
Onion Rings, Large	1 each	229.78 g 8.10 oz	785.43	579.12	64.35	9.03	0.00	0.00	837.61	52.35	2.09	6.28	4.19	8.00%	0.00%	8.00%
Mozzarella Sticks Three sticks and Marinara sauce	1 each	154.75 g 5.46 oz	385.93	248.63	27.63	8.16	0.00	31.50	940.50	20.25	0.90	6.30	13.50	7.00%	33.00%	3.00%
Southwest Munchers	1 each	28.9g 0.9 oz	70.00	35.00	3.50	1.50	0.00	5.00	170.00	6.00	1.00	0.00	2.00	0.00%	6.00%	0.00%
Apple Pie	1 each	99.0 g 3.49 oz	310.00	171.00	19.00	4.00	0.00	0.00	310.00	33.00	0.00	9.00	3.00	15.00%	0.00%	8.00%
Coca Cola	16 oz cup	296.0 g 10.44 oz	130.00	0.00	0.00	0.00	0.00	0.00	10.00	36.00	0.00	36.00	0.00	0.00%	0.00%	0.00%
Coca Cola	20 oz cup	407 g 14.36 oz	180.00	0.00	0.00	0.00	0.00	0.00	10.00	49.00	0.00	49.00	0.00	0.00%	0.00%	0.00%
Coca Cola	32 oz cup	591.0 g 20.85 oz	260.00	0.00	0.00	0.00	0.00	0.00	15.00	71.00	0.00	71.00	0.00	0.00%	0.00%	0.00%
Nathan's Old Fashioned Lemonade	16 oz cup	301.0g 10.62 oz	170.00	0.00	0.00	0.00	0.00	0.00	0.00	42.00	0.00	42.00	0.00	25.00%	0.00%	0.00%
Nathan's Old Fashioned Orangeade	16 oz cup	301.0g 10.62 oz	160.00	0.00	0.00	0.00	0.00	0.00	20.00	40.00	0.00	40.00	0.00	130.00%	0.00%	0.00%
Nathan's Old Fashioned Lemonade	20 oz cup	418.0 g 13.44 oz	240.00	0.00	0.00	0.00	0.00	0.00	0.00	58.00	0.00	58.00	0.00	35.00%	0.00%	0.00%
Nathan's Old Fashioned Orangeade	20 oz cup	418.0 g 13.44 oz	220.00	0.00	0.00	0.00	0.00	0.00	30.00	56.00	0.00	56.00	0.00	190.00%	0.00%	0.00%
Nathan's Old Fashioned Lemonade	32 oz cup	608.0 g 21.45 oz	350.00	0.00	0.00	0.00	0.00	0.00	0.00	84.00	0.00	84.00	0.00	50.00%	0.00%	0.00%
Nathan's Old Fashioned Orangeade	32 oz cup	608.0 g 21.45 oz	330.00	0.00	0.00	0.00	0.00	0.00	40.00	81.00	0.00	81.00	0.00	270.00%	0.00%	0.00%

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Nathan's Chicken Classics																	
Original Krispy Chicken Sandwich 1 ea Chicken Fillet, 1000 Island Dressing, Lettuce and Tomato on Kaiser Roll	1 each	285.0 g 10.05 oz	660.00	330.00	37.00	5.00	0.00	50.00	1180.00	57.00	4.00	9.00	26.00	20.00%	8.00%	15.00%	
Krispy Chicken Chipotle Club 1 ea Chicken Fillet, Chipotle BBQ Dressing, Lettuce Onion, Bacon, and Swiss American Cheese on Kaiser Roll	1 each	312.0 g 11.01 oz	750.00	320.00	36.00	10.00	0.00	70.00	1630.00	72.00	4.00	19.00	63.00	20.00%	35.00%	15.00%	
Krispy Homestyle Chicken Sandwich 1 ea Chicken Fillet, Mayonnaise, Lettuce and Pickles on Kaiser Roll	1 each	296.0 g 10.44 oz	720.00	410.00	45.00	6.00	0.00	55.00	1720.00	54.00	4.00	3.00	25.00	15.00%	6.00%	15.00%	
Chicken Tender Order 3 ea Chicken Tenders	1 each	175.50 g 6.19 oz	525.93	347.11	39.00	5.56	0.00	30.00	900.00	24.00	3.00	7.50	21.00	3.00%	0.00%	6.00%	
Chicken Tender Order 6 ea Chicken Tenders	1 each	292.50 g 10.32 oz	876.55	578.52	65.00	9.27	0.00	50.00	1500.00	40.00	5.00	12.50	35.00	3.00%	0.00%	6.00%	
Chicken Tender Platter 3 ea Chicken Tenders, 6 1/2 oz French Fries, and 5 oz Cole Slaw	1 each	501.52 g 17.69 oz	1245.01	821.71	90.10	13.86	0.00	44.17	1352.18	80.27	9.52	31.03	26.00	29.00%	6.00%	13.00%	
Grilled Chicken Sandwich 1 ea Grilled Chicken Patty, Mayo, Lettuce and Tomato on Kaiser Roll	1 each	255.92 g 9.03 oz	553.84	287.99	31.90	5.06	0.00	65.35	1157.53	39.93	2.59	3.34	27.39	22.00%	9.00%	16.00%	
Grilled Chicken Club Sandwich 1 ea Grilled Chicken Patty, Mayo, Bacon, Lettuce and Tomato on Kaiser Roll	1 each	266.22 g 9.39 oz	598.84	320.22	35.20	6.36	0.00	75.35	1304.19	39.93	2.59	3.34	59.39	22.00%	9.00%	16.00%	
Grilled Chicken Breast Platter 1 ea Grilled Chicken Patty, 6 1/2 oz French Fries and 5 oz. Cole Slaw	1 each	425.25 g 15.00 oz	839.35	503.61	55.61	8.80	0.00	59.27	1133.69	58.28	6.52	23.52	24.15	28.00%	8.00%	11.00%	
Grilled Chicken Caesar Wrap 1 ea Grilled Chicken Patty, Lettuce, Parmesan Cheese and Creamy Caesar Dressing	1 each	293.0 g 10.34 oz	700.00	310.00	34.00	11.00	0.00	75.00	1340.00	60.00	1.00	2.00	38.00	15.00%	50.00%	30.00%	
Grilled Chicken Santa Fe Wrap 1 ea Grilled Chicken Patty, Lettuce, Monterey Jack Cheese, Bacon, Onion and Ancho Chili Dressing	1 each	332.0 g 11.71 oz	750.00	350.00	39.00	13.00	0.00	100.00	1160.00	62.00	1.00	3.00	68.00	15.00%	45.00%	35.00%	
Chicken Wing Order w/Bleu Cheese 5 ea Chicken Wings and 1 1/2 oz Bleu Cheese Dressing	1 each	211.10 g 7.45 oz	670.00	500.00	55.00	11.00	0.00	85.00	650.00	12.00	0.00	0.00	27.00	0.00%	0.00%	0.00%	
Chicken Wing Order w/Bleu Cheese 10 ea Chicken Wings and 1 1/2 oz Bleu Cheese Dressing	1 each	366.0 g 12.91 oz	1240.00	900.00	100.00	20.00	0.00	165.00	1300.00	23.00	0.00	0.00	53.00	0.00%	0.00%	0.00%	
Chicken Wing w/Bleu Cheese & Fries 10 ea Chicken Wings, 6.5 oz fries and 1 1/2 oz Bleu Cheese Dressing	1 each	550.0 g 19.40 oz	1680.00	1170.00	130.00	25.00	0.00	165.00	1360.00	59.00	4.00	4.00	57.00	0.00%	0.00%	4.00%	
Chicken Wing Order w/Bleu Cheese 20 ea Chicken Wings and 3 oz Bleu Cheese Dressing	1 each	732.0 g 25.82 oz	2490.00	1810.00	201.00	41.00	0.00	335.00	2600.00	47.00	0.00	0.00	107.00	0.00%	0.00%	0.00%	

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Arthur Treacher's																	
Fish & Chips Platter Two Pcs Treacher's Fish, French Fries, Two Hush Puppies and Cole Slaw	1 each	627.15 g 22.12 oz	1536.26	853.62	94.85	15.50	0.00	85.15	2742.87	163.07	10.57	40.73	34.78	37.00%	27.00%	36.00%	
Shrimp & Chips Butterfly Shrimp, French Fries, Two Hush Puppies and Cole Slaw	1 each	593.0 g 20.92 oz	1510.00	680.00	76.00	12.00	0.00	75.00	3510.00	176.00	11.00	45.00	25.00	15.00%	30.00%	35.00%	
Shrimp Boat Butterfly Shrimp, French Fries, Two Hush Puppies and Cocktail Sauce	1 each	1298.0 g 45.79 oz	3710.00	1580.00	176.00	25.00	0.00	190.00	8680.00	454.00	24.00	66.00	69.00	10.00%	70.00%	100.00%	
Seafood Sampler One piece Treacher's Fish, Fried Shrimp and Clams, Two Hush Puppies and Cole Slaw	1 each	797.0 g 28.11 oz	2080.00	1000.00	111.00	18.00	0.00	125.00	3990.00	214.00	17.00	52.00	48.00	35.00%	35.00%	120.00%	
Fish Sandwich One piece Treacher's Fish, Lettuce, Tomato, Tartar Sauce on Kaiser Roll	1 each	199.7 g 7.04 oz	435.28	164.81	18.31	3.21	0	44.45	714.78	49.77	2.72	7.24	18.18	14.00%	7%	14%	
Breaded Clam Order 5 oz Arthur Treacher's Breaded Clam Strips and Tartar Sauce	1 each	159.0 g 5.61 oz	470.00	240.00	27.00	4.00	0.00	35.00	470.00	40.00	6.00	4.00	18.00	20.00%	6%	80%	
Breaded Clam & Chips 5 oz Arthur Treacher's Breaded Clam Strips, 6 1/2 oz French Fries, and Tartar Sauce	1 each	343.31 g 12.11 oz	933.93	546.19	61.09	8.75	0.00	35.00	525.28	75.01	9.69	7.69	21.69	28.00%	6%	80%	
Cole Slaw	1 each	100 g 5 oz	180.00	110.00	12.00	2.50	0.00	10.00	280.00	15.00	2.00	14.00	1.00	8.00%	4.00%	2.00%	
Hush Puppies	2 each	128.0 g 4.52 oz	520.00	140.00	16.00	2.00	0.00	0.00	1960.00	84.00	4.00	16.00	10.00	2.00%	10.00%	15.00%	
Breads																	
Hot Dog Roll	One	43 g Roll	120.00	15.00	1.50	0.00	0.00	0.00	240.00	23.00	0.00	4.00	4.00	0.00%	8.00%	6.00%	
Kaiser Roll	One	71 g One Roll	200	25	3	0.5	0.00	0.00	330.00	36.00	2.00	3.00	8.00	0.00	0.06	0.10	
Hoagie Roll	One	113 g One Roll	290.00	20.00	2.50	0.50	0.00	0.00	560.00	58.00	2.00	3.00	11.00	0.00%	10.00%	15.00%	
7" Pita Bread	One serv	94 g One Pita	240	50	5	1	0.00	0.00	510.00	41.00	2.00	2.00	7.00	0.00	0.06	0.15	

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Hot Dog Toppings																	
Aged Cheddar Cheese Sauce	One	62 g 2.12 oz	100.00	70.00	8.00	2.00	0.00	0.00	720.00	6.00	0.00	1.00	1.00	0.00%	4.00%	0.00%	
Chili with Beans	One	62.5 g oz	80	42.5	4.75	2.25	0.38	11.25	382.50	4.75	1.50	0.50	4.75	0.05	0.02	0.04	
Sauerkraut		2 oz	13.00	0.00	0.00	0.00	0.00	0.00	600.00	2.50	1.50	0.50	0.50	13.00%	1.00%	4.00%	
Nathan's Mustard		1 Tsp	0.00	0.00	0.00	0.00	0.00	0.00	40.00	0.00	0.00	4.00	0.00	0.00%	0.00%	0.00%	
Ketchup	One	17g Tbsp	15.00	0.00	0.00	0.00	0.00	0.00	190.00	4.00	0.00	4.00	0.00	0.00%	0.00%	0.00%	
Relish	One	9 g	10.00	0.00	0.00	0.00	0.00	0.00	65.00	3.00	0.00	2.00	0.00	0.00%	0.00%	0.00%	
Cheeses																	
Swiss American Cheese		28 g	110.00	80.00	9.00	6.00	0.00	25.00	300.00	1.00	0.00	0.00	5.00	0.00%	15.00%	0.00%	
Yellow American Cheese		28 g	110.00	80.00	9.00	6.00	0.00	25.00	300.00	1.00	0.00	0.00	5.00	0.00%	15.00%	0.00%	
Soups & Sides																	
Corn on the Cob	1 each	157.0 g 5.54 oz	140.00	15.00	1.50	0.00	0.00	0.00	20.00	34.00	2.00	8.00	5.00	6.00%	0.00%	0.00%	
Manhattan Clam Chowder	1 each	340.0 g 11.99 oz	270.00	40.00	4.50	0.00	0.00	15.00	2730.00	48.00	6.00	9.00	9.00	6.00%	10.00%	0.00%	
Chicken Noodle Soup	1 each	340.0 g 11.99 oz	190.00	45.00	5.00	1.50	0.00	45.00	1560.00	27.00	3.00	7.00	10.00	6.00%	2.00%	0.00%	
New England Clam Chowder	1 each	340.0 g 11.99 oz	250.00	40.00	4.50	3.00	0.00	35.00	1590.00	42.00	3.00	7.00	10.00	8.00%	20.00%	2.00%	
Garden Salad	1 each	249.0 g 8.78 oz	100.00	25.00	3.00	0.00	0.00	0.00	110.00	15.00	5.00	4.00	4.00	80.00%	6.00%	10.00%	
Krispy Chicken Salad	1 each	339.0 g 12.66 oz	290.00	90.00	10.00	1.50	0.00	50.00	850.00	31.00	5.00	4.00	52.00	80.00%	8.00%	20.00%	
Caesar Salad	1 each	280.0 g 9.88 oz	410.00	280.00	31.00	8.00	0.00	30.00	970.00	16.00	4.00	3.00	15.00	80.00%	40.00%	10.00%	
Chicken Caesar Salad	1 each	380.0 g 13.40 oz	530.00	320.00	35.00	8.00	0.00	75.00	1650.00	17.00	4.00	3.00	34.00	80.00%	45.00%	15.00%	

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Sauces & Dressings																	
		1 Tbsp	110.00	110.00	12.00	2.00	0.00	10.00	70.00	0.00	0.00	0.00	0.00	0.00%	0.00%	0.00%	
		1 oz	174.00	162.00	18.00	3.00	0.00	12.00	136.00	3.00	0.00	2.00	0.00	0.00%	0.00%	0.00%	
		1 oz	45.00	0.00	0.00	0.00	0.00	0.00	281.00	11.00	1.00	6.00	0.00	8.00%	1.00%	2.00%	
	One serving	30 g	100.00	70.00	8.00	1.50	0.00	10.00	240.00	5.00	0.00	4.00	0.00	0	0	0	
		43 g															
	One serving	1.5 oz	220.00	190.00	21.00	3.00	0.00	20.00	350.00	6.00	0.00	6.00	0.00	0.00%	0.00%	0.00%	
	One serving	43 g												0	0	0	
		1.5 oz	220.00	190.00	21.00	3.00	0.00	20.00	350.00	6.00	0.00	6.00	0.00	0	0	0	
	One serving	30 g	50.00	45.00	5.00	3.50	0.00	0.00	125.00	2.00	0.00	1.00	1.00	0.00%	0.00%	0.00%	
	One serving	30 g	60.00	50.00	5.00	1.00	0.00	5.00	420.00	4.00	1.00	2.00	0.00	0.00%	2.00%	2.00%	
	One serving	2 Tbsp	30.00	30.00	8.00	1.00	0.00	0.00	230.00	0.00	0.00	0.00	0.00	0.00%	0.00%	0.00%	